How to love our life?

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

I am Wong Wai Yam, Martin from 2A. Today I would like to talk about how to love life. The Committee On Prevention of Student Suicides has shown in a progress report that the number of cases of suicide among teenagers has been increasing. More than eight hundred thousand people (teenagers or people of all age groups?) in the world commit suicide.

I feel so terrible to hear that. Life is a gift from God. We should treasure our life. However, how can we live joyfully and meaningfully?

First, we must have a dream. Whatever you choose to do so, you should know what you are fighting for. When you fail, don't forget that there is always someone supporting you, your family and friends. They may feel disappointed if you give up or pretend that problems do not exist. Try to step back and think, and you will feel that the world is full of love.

Then, we should have the conviction. This is the reason to face your life confidently. When you get hurt, don't grieve about it. It is perhaps a blessing in disguise!

Lastly, you should be devoted to what you want to do. Successful people would always try their best to make their dreams come true. So do you want to be one of them? Better late than never, start from now. Whatever your dream is, don't be afraid, just do it. Love your life, enjoy your life. This is the end of my sharing. Thank you.